Inclusiveness playground session

**Inclusiveness in Events**

Inclusiveness in events is more than just placing a ramp for wheelchair users. Its about putting yourself in that persons position and adjusting where needed. Its offering show with lower sounds and less lights. Its offering calm spaces/rooms for people to relax, it about letting visitors be wo they want to be. If you have an event where people dare to be completely them flaws and all with no worries you did a great job!

‘’it’s a holistic framework ensuring equitable access, participation, and psychological safety for those often marginalized, including individuals with physical or cognitive disabilities and minorities’’ (We Are MCI, n.d.). Making events truly inclusive, benefits both attendees and organizers.

**Extrema Special**

Extrema Outdoor festival has implemented “Extrema Special,” a dedicated day before the main event where people with disabilities enjoy a free festival experience in a smaller area. It includes full accessibility, sensory-adapted areas, on-site support staff, and secure environments to minimize crowd stress

Extrema Special enables participants to access the festival’s cultural experience on their own terms.

**No Limits Festival**

The No Limits Festival in The Hague implements communication accessibility:

* Dutch Sign Language interpreters
* Audio decriptions
* Captions in performances
* Relaxed performances that accept movement and noise
* Chill-out zones and clear pre-event accessibility guides

**Coldplay**

Colplay uses backpacks that provides deaf visitors with vibrations to be able to feel the music.

‘’A backpack that converts low-frequency sound waves into tactile vibrations, enabling users to physically *feel* the rhytm’’

**The O₂ Arena**

The venue introduced sensory bags designed to support neurodivergent guests and individuals with hidden disabilities. These bags include items such as noise cancelling headphones, fidget toys, sunglasses, and communication cards all tools to help attendees self-regulate sensory input during events. Incorporating sensory tools directly addresses barriers for neurodivergent and sensory-sensitive attendees, enabling them to stay engaged without disruption.

This initiative aligns with broader accessibility efforts at the venue the Hidden Disabilities Sunflower lanyards that are able to show people that this person has hidden disabilities.

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